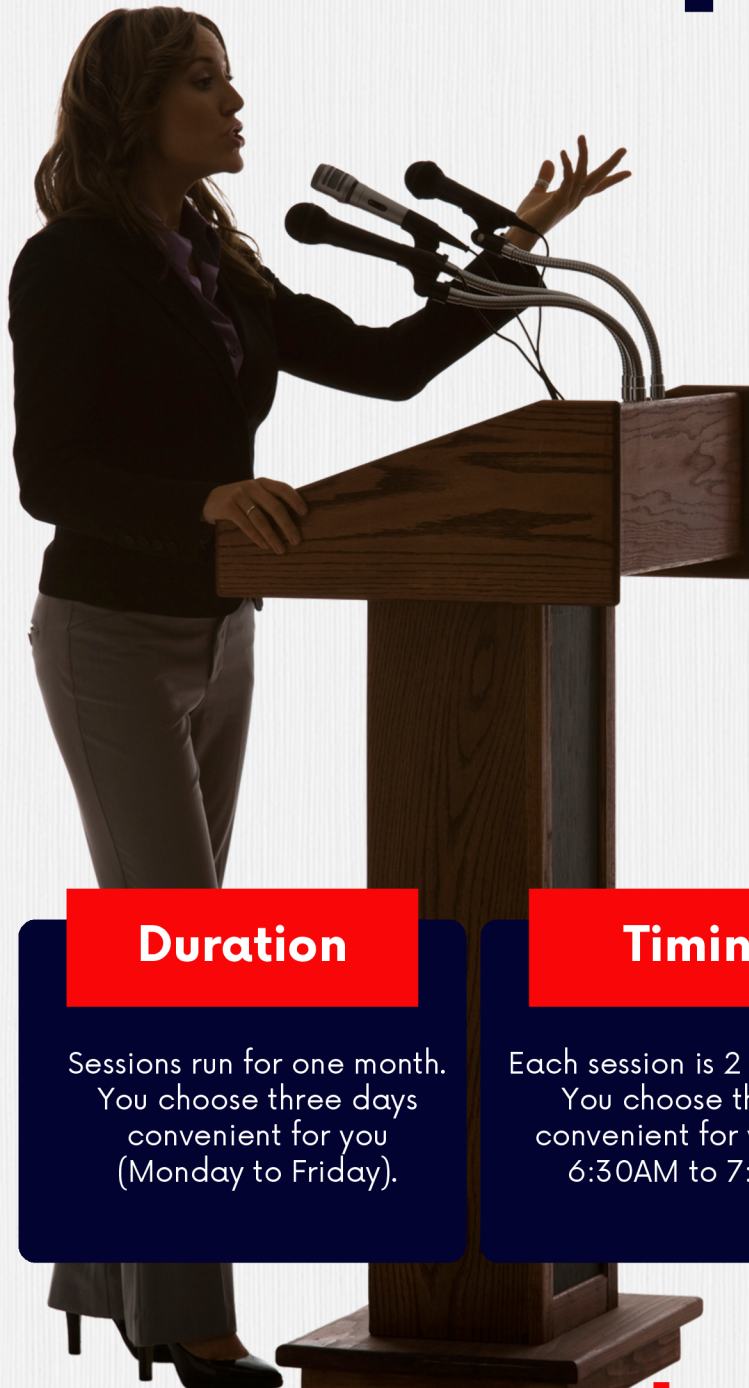


# MASTER THE ART OF Public Speaking

PHYSICAL & ONLINE



- Do you get butterflies in your stomach before speaking to an audience?
- Do you struggle with a shaky voice, sweaty palms, trembling hands, or a pounding heartbeat whenever you're called to speak?
- Do you find it challenging to connect with others or build rapport in professional settings?
- Do you fumble with words or feel like your ideas evaporate the moment you start speaking?
- Do your thoughts become jumbled, leaving you struggling to articulate your message clearly?

## Duration

Sessions run for one month.  
You choose three days  
convenient for you  
(Monday to Friday).

## Timing

Each session is 2 hours long.  
You choose the time  
convenient for you, from  
6:30AM to 7:30PM.

## Curriculum

Training tailored to your  
unique challenges. More  
than half of the sessions are  
rigorous practicals.

**Book Now**

**CHARGES**  
**KES 25,000**

**CONTACT US**

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